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The Virginia Nurses Foundation Joins in the Efforts to Support the SafeHaven™ Program

The Virginia Nurses Foundation promotes the SafeHaven™ Program to nurses at participating hospitals.

Richmond, VA (September 9, 2022) – To support the needs of healthcare workers struggling with stress, burnout and the effects of COVID-19, the [Medical Society of Virginia \(MSV\)](https://www.msv.org) conceived and manages SafeHaven™, which is implemented in partnership with [VITAL WorkLife](https://www.vitalworklife.com). The Virginia Nurses Foundation, with the support of its affiliate, the Virginia Nurses Association, has signed on to promote and offer this necessary program to Virginia’s nurses.

SafeHaven™ was created by the passage of the Virginia legislation, which is [the first of its kind in the nation](#), signed in March 2020. During the 2021 Virginia General Assembly Session legislation was passed to include additional provider groups to the SafeHaven™ protections including nurses, nurse practitioners, pharmacists and medical, PA, nursing, and pharmacy students. The law allows healthcare providers to seek professional support to address career fatigue, burnout and behavioral health concerns with confidentiality and civil protections.

The Virginia Nurses Foundation (VNF) understands that nurses, nurse practitioners, and the entire healthcare team need a program that provides them behavioral health support when they need it most. By promoting the SafeHaven™ Program to nurses throughout the commonwealth, VNF is able to ensure that nurses and other healthcare providers are aware that this resource provides access to confidential support for themselves and their families.

Through SafeHaven™, Virginia’s nurses can gain access to healthcare specific resources from VITAL WorkLife. The resources offered include [VITAL WorkLife’s](#) Clinician Well Being Resources solution, a comprehensive set of resources that includes peer coaching, elite concierge services and expanded behavioral health resources to promote work/life balance and well-being for nurses and their families.

“The SafeHaven™ program is such an important and necessary program for nurses” said Phyllis Whitehead, PhD, APRN/CNS, ACHPN, PMGT-BC, FNAP, FAAN, president of the Virginia Nurses Foundation. “We are excited to be a leading voice of SafeHaven™ for nurses across the commonwealth and look forward to being able to offer these confidential and discreet behavioral health resources.”

SafeHaven™ is pleased to work with the Virginia Nurses Foundation in promoting and increasing access to this important program.



To support the needs of clinicians struggling with stress, burnout and the effects of COVID-19, the Medical Society of Virginia (MSV) and VITAL WorkLife have partnered to offer a comprehensive set of wellbeing resources they can use without risk to their medical license, SafeHaven™.